



# Welcome

to the

## 2017 Annual Training Institute and Conference

Hosted by the Pennsylvania Association on Probation, Parole and Corrections and the Middle Atlantic States Correctional Association

**Power Up!- Wellness for your Body, Mind and Soul in Today's Correctional Environment**

**May 21-24, 2017**












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# MIDDLE ATLANTIC STATES CORRECTIONAL ASSOCIATION

Connecticut • Delaware • District of Columbia • Maryland • New Jersey • New York • Pennsylvania

Dear Colleagues:

On Behalf of the Executive Board and Members of the Middle Atlantic States Correctional Association (MASCA), I am honored to welcome you to the beautiful Kalahari Resort in the Poconos.

MASCA is extremely proud this year to have partnered with our friends at the Pennsylvania Association on Probation, Parole and Corrections to provide each of you with a high-quality learning experience. The theme of this year's conference "Power Up-Wellness for your body, mind & soul in today's correctional environment" is a topic that I believe has long been overlooked.

Our combined conference committees have done an outstanding job in putting this event together, and I am confident that you will find the workshops to be helpful and enlightening. I also encourage you to visit with the conference exhibitors to learn about the latest in technology, products and services.

I sincerely hope that this conference will also serve as an opportunity to network, make new friends and affirm our professional commitment to our field.

Thank you again for attending!

Joseph W. Rinaldi  
MASCA President

MASCA is a regional affiliate of American Correctional Association, American Jail Association  
and American Probation and Parole Association

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CHANGE.



# The Pennsylvania Association on Probation, Parole and Corrections

P.O. Box 5553, Harrisburg, PA 17110

[www.pappc.org](http://www.pappc.org)

Dear Conference Attendees;

Welcome to the Pennsylvania Association on Probation, Parole and Corrections 97<sup>th</sup> Annual Training Institute. This year we are proud to team up with the Middle Atlantic States Correctional Association (MASCA) as we return to the Poconos to host "POWER UP! – Wellness for your body, mind and soul in today's correctional environment". We are featuring speakers and workshops on a variety of topics related to all aspects of juvenile and adult probation and parole, corrections and treatment, re-entry and victim's issues as well as self-care for the staff who work in the demanding fields that encompass community corrections. Over the course of your conference experience I encourage you to interact with other professionals in our related fields, take advantage of the trainings offered and visit the vendors whose support and products make our jobs that much easier.

Over the last year, PAPPCC leaders have worked very hard in coordination with MASCA leaders to ensure the success of this conference. Planning an event during these rough financial times has been extremely challenging; however, PAPPCC has been very fortunate to have the support of its membership and the dedication of our Executive Board to offer this annual training institute.

Over the past year the PAPPCC Executive Board has worked hard to strengthen the Association and ensure that training institutes such as this continue for years to come. The Executive Board and our membership continue to work collaboratively to augment our organizational structure to provide better efficiency and enhance the benefits of being a member. We have moved to better define the roles of the Executive Board members and finally we have established a social media presence as begin to move our Association into the digital age. Remember that your involvement does not have to stop with paying your annual dues! We are always looking for active members that are willing to give a little of their time to one of the oldest associations of its kind in Pennsylvania. If you are interested, please reach out to one of our Executive Board Members. Fresh, inspiring ideas are always welcome!

I would like to thank each of you for the opportunity to serve you and I look forward to watching PAPPCC become a greater voice for what we represent.

Very Truly Yours,

Daniel J. Pustinger  
PAPPCC President

The mission of Pennsylvania Association on Probation, Parole and Corrections (PAPPCC) is to support and promote best practice methods and professionalism in the field of juvenile and adult probation, parole, corrections institutional care and community supervision.

Daniel J. Pustinger, President; Eileen Hager, President Designate  
Tonuia Smith, First Vice President; Brad Jester, Second Vice President  
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PA BOARD OF PROBATION AND PAROLE  
1101 SOUTH FRONT STREET, SUITE 5100  
HARRISBURG, PA 17104-2517

OFFICE OF THE CHAIRMAN

May 03, 2017

Pennsylvania Association on Probation, Parole and Corrections (PAPPC)  
Middle Atlantic States Correctional Association (MASCA)  
Joint Conference Planning Committee  
250 Kalahari Boulevard  
Pocono Manor, PA 18349

Dear Presidents Pustinger and Rinaldi:

On behalf of the Pennsylvania Board of Probation and Parole, I would like to extend a warm welcome to the participants of the 97th Annual Training Institute sponsored jointly by the Pennsylvania Association on Probation, Parole and Corrections and the Middle Atlantic States Correctional Association.

This year's theme – *POWER UP! - Wellness for your body, mind and soul in today's correctional environment* – is timely and extremely important. Today, the demands placed on law enforcement, corrections and probation and parole community at the state and national level is at times overwhelming. In order for professionals in this field to be at their best for the population they serve they must ensure that they are caring for themselves as well as their clientele. This conference provides a range of workshops enabling us to increase our understanding and be more effective at achieving this goal.

On behalf of the board, we wish you a successful 2017 conference.

Best regards,

A handwritten signature in blue ink, appearing to read "Leo L. Dunn".

Leo L. Dunn  
Chairman

## 2017 Joint Planning Committee

**Committee Co-Chairs:** Eileen Hager, PAPPC, Jennifer Lopez, MASCA  
**Local Arrangements:** Dennis Hoerner, PAPPC  
**Program:** Claudia Fisher, PAPPC/ Mike Wenerowicz, MASCA  
**Publicity/ Marketing:** Ryan Smith, PAPPC/ Tanisha Williams, MASCA  
**Registration:** Alma McGarry, PAPPC/ Tanisha Williams, MASCA  
**Awards & Scholarships:** Tonia Smith, PAPPC/ Brad Halter, MASCA  
**Silent Auction & Resources:** Eileen Hager, PAPPC/ Chris Pawlowski, MASCA  
**Vendor/ Exhibitor:** Tonia Smith, PAPPC/ Bill Plantier, MASCA/ Sean Ryan, MASCA  
**Finance:** Jim Amatucci, PAPPC/ William Schideleff, MASCA

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Janet Hanley, Western Region Representative Business Address: 11 Stanwix St, Room 260, Pittsburgh, PA 15222	Business: Bureau of Juvenile Justice Services
Darrell Kirkbride, Western Region Representative Business Address: 601 Grant St, 5 <sup>th</sup> Floor, Pittsburgh, PA 15219	Business: Renewal, Inc.

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Westchester County Probation Department in  
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### **Jennifer Lopez**

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*Vice President*

Court Services and Offender Supervision  
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Court Services and Offender Supervision  
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**BE SURE TO VISIT  
THE SILENT AUCTION  
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**This year's silent auction benefits the  
Ronald McDonald House of Scranton.  
Make sure to stop by, and bid on some  
of the wonderful items that we have  
up for auction! All proceeds go to this  
worthy cause!!!**



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# 2017 PAPPC/MASCA Conference Agenda

## Sunday May 21, 2017

5:00 pm to 6:00 pm	Early Registration
6:00 pm to 8:00 pm	Registration and Welcome Reception with Vendors

## Monday May 22, 2017

8:00 am to 9:00 am	Registration
9:00 am to 9:30 am	Pledge of Allegiance, DOC Honor Guard, SCI Waymart Opening Remarks Welcome Remarks
9:30 am to 11:00 am	Plenary Session- Dr. Joel Nunez- Self Care Isn't Selfish
11:00 am to 12:00pm	Break with Vendors
12:00 pm to 1:30 pm	Lunch MASCA Awards Ceremony
1:30 pm to 3:00 pm	<b>Workshop A</b>
Salon G	Self Care Isn't Selfish: Reflections
Salon A	Yield Theory- 7 Components
Salon H	What Color Are YOU? Part 1
Sagewood	Career Survival
Rosewood	Medication Assisted Treatment
Ironwood	Transformational Changes in Pa's Adult Probation & Parole System
Aloeswood	Substance Abuse Prevention for First Responders
3:00 pm to 3:30pm	Break with Vendors
3:30 pm to 5:00 pm	<b>Workshop B</b>
Salon A	SOAB-Containment Model
Salon H	What Color Are You? Part 2
Sagewood	Individuals with Autism Spectrum Disorder
Rosewood	Medication Assisted Treatment
Ironwood	How Acupuncture Aids in PTSD
Aloeswood	Substance Abuse Prevention for First Responders
5:00 pm- Empress	Business Meeting PAPPC

**Tuesday May 23, 2017**

8:00 am to 8:30 am	Registration Open
8:30 am to 10:00 am	Plenary Session- Greg Morton- “Mitigating Corrections Fatigue”
10:00 am to 10:30 am	Break with Vendors
10:30 am to 12:00 pm	<b>Workshop C</b>
Salon A	The 40% Factor
Salon H	Mitigating Corrections Fatigue
Salon G	Opioid Use Disorder
Sagewood	Supervising the Pre-Trial Population
Ironwood	“Pivotal Point”
12:00 pm to 1:30 pm	Lunch PAPPC Awards Ceremony
1:30 pm to 3:00 pm	<b>Workshop D</b>
Salon A	Yoga & Mindfulness
Salon H	Battle Buddy Program
Sagewood	Setting A Survival Mindset
Rosewood	Managing PTSD
Ironwood	JNet Overview
Aloeswood	Canine Partners for Life
3:00 pm to 3:30 pm	Break with Vendors
3:30 pm to 5:00 pm	<b>Workshop E</b>
Salon G	Unlock, release and revise: Tapping into your creativity for alternative problem solving and wellness
Salon A	Yoga & Mindfulness
Salon H	Nutritional Myths and Dangers of Foods in the Market
Sagewood	Setting A Survival Mindset
Rosewood	Improving our Emotional and Physical Wellbeing: Effective Strategies for Criminal Justice Professionals
Ironwood	Supervising GLBTI Offender
Aloeswood	Canine Partners for Life
5:00 p.m. - Empress	Open Membership Meeting- MASCA

Wednesday May 24, 2017

9:00 am to 10:30 am

Plenary Closing Session- Dr. Michael Pittaro/DOC Honor Guard, SCI Waymart



You are cordially invited to attend PAPPC and MASCA's  
Hawaiian Luau!

**WHERE:** Kalahari River Veranda Room/Convention Center

**WHEN:** Tuesday Night

**TIME:** 8 pm until 12 am

Entrance is free

CASH BAR

DJ Mikie Mike will be spinning the tunes!

\*\* Hawaiian wear encouraged but not necessary! \*\*





**MIDDLE ATLANTIC STATES CORRECTIONAL ASSOCIATION  
2017 SCHOLARSHIP NOMINATIONS NOW BEING ACCEPTED**

- **Dennis R. Martin Scholarships**

For several years, MASCA has awarded academic scholarships to those pursuing a degree beyond secondary education in the criminal justice field. These scholarships are named in honor and memory of Mr. Dennis R. Martin. Dennis was a long standing MASCA Board member dedicated to the MASCA mission, especially that of continuing the tradition of awarding scholarships to assist those advancing in their corrections careers. Once again, MASCA will be awarding two scholarships each worth \$1,000.

Applicants must be actively engaged in an academic course of study at an accredited college or university with an emphasis on the field of criminal justice and with the intent of pursuing a career in this area. Work experience in the justice system is not a requirement. **To be considered, an applicant must be a current member or the spouse, child, niece or nephew of a member.** In certain instances the MASCA member's grandchild or a person for whom the MASCA member is the legal guardian may apply/submit the following information:

- Application form must be submitted electronically
- Most recent official transcript (s) from an accredited college/university
- An essay no longer than two pages and in MLA format, describing the applicant's career goals and what you would like to accomplish by working in the criminal justice system or advancing in the field of criminal justice.

**\*\*\*Please visit [www.masca.us](http://www.masca.us) to apply\*\*\***

# 2017 MASCA AWARD WINNERS

## **Founders Award:** Sally Barry

Sally Barry is the Director of Probation Services for Lebanon County. She received her Bachelor of Science in Criminal Justice and her Master of Public Administration degrees from Pennsylvania State University. She has been active in the criminal justice field for over 23 years.

Her experience includes a variety of duties related to community-based corrections including offender and personnel management, policy development and a commitment to criminal justice system improvement initiatives on both the local and state level. She began her career as an intern in Lebanon County working there until she accepted a position in Dauphin County. She would later find herself back at Lebanon County where she eventually became the Director of Probation Services in 2012.

During her career, Sally has been part of the United States Marshal's Fugitive Task Force in the Middle District of Pennsylvania, she has implemented or supported the several Evidence Based Initiatives in the adult and juvenile units such as the use of a validated risk assessment tool, DUI Court, Pretrial Services, Adult Day Reporting Center and Juvenile Day Treatment Center.

From 2012 through 2015, Sally served as President of the Pennsylvania County Adult Probation/Parole Chief's Association.

In addition to participating in various state and national professional affiliations, she was appointed by Governor Wolf to serve on the PA Justice Reinvestment #2 Initiative as the representative of PA County Probation and Parole Departments. She also serves as chair of the State Evidence Based Practice Probation and Parole Committee. She is an active member of the Council of Chief Juvenile Probation Officers and the Juvenile Chiefs Executive Board where she serves as the Chair of the By-Laws Committee.

## **Carl Robinson Award:** John E. Wetzel

John E. Wetzel is the Secretary of the Pennsylvania Department of Corrections

Secretary John Wetzel is widely recognized as one of the top leaders in corrections today.

With more than 26 years of experience, Secretary Wetzel's career began in Lebanon County (PA) as a corrections officer in 1989. Since that time he has worked at both Berks County and then Franklin County, where he would go on to become Warden in 2002. During his time in Franklin County, he developed a day reporting center, established a jail industries program and initiated several programs targeting improved services for mentally ill offenders, not the least of which being a certified peer specialist program in 2006.

Secretary Wetzel is a national consultant and speaker, whose areas of expertise include staffing, vulnerability assessment, mentally ill offenders, developing employment opportunities for formerly incarcerated offenders, population management, mitigating impacts on the families/children of incarcerated individuals and effecting system change.

He began his career with the Commonwealth of Pennsylvania when he was appointed to the Board of Pardons, by then-Governor Edward Rendell (D). As the Board's corrections expert where he subsequently led a change in the pardons process, resulting in an increased production of the Board while alleviating an elevated waiting time for applicants.

In December 2010, he was selected as the 11th Secretary of Corrections for the Commonwealth of Pennsylvania by then-Governor-elect Tom Corbett (R). His tenure there saw an elimination of a 24-year average growth of 1,500 inmates per year, presiding over the first population reduction in PA in over four

decades. Additionally, he oversaw the restructuring of the community corrections system, the mental health system and a re-engineering of internal processes to yield a more efficient system of program delivery.

In January 2015, Governor Tom Wolf (D) asked Wetzel to continue as the secretary of corrections.

He is a member of Harvard's Executive Session on Community Corrections, which is a joint project of Harvard's John F. Kennedy School of Government and the National Institute of Justice (NIJ). Consisting of 30 of the leading policymakers, practitioners and researchers from across the country, the intent is to shape the meaning and future of community corrections policy in the United States. The Executive Session will develop best practices and thinking for professionals across the public safety and criminal justice spectrum.

Secretary Wetzel has been selected as the vice chair of the Council of State Governments' Justice Center's Executive Board and is a member of the Colson Task Force on federal prison overcrowding. In May 2016, the Indiana University of Pennsylvania presented to him an honorary doctor of laws.

#### **Sal Russoniello Award : Joseph Rinaldi**

Joe is the current President of the Middle Atlantic States Corrections Association.

Joe has dedicated the last 30 years to the community of West Chester County, New York.

He began as a Probation officer in 1987, where he was involved in the Special Operations Unit, DWI Unit and Gang Intervention Unit. He eventually found his passion in training Officers in Defensive Tactics, Firearms and the Fundamentals of Probation and Peace Officer. He would subsequently become a Program Coordinator for Training and Staff Development and also the Director of Community Service-Alternative to Incarceration Program and the Property Control Officer.

In his role as Program Coordinator for Training and Staff Development, he has been instrumental in the development and implementation of a comprehensive staff training program. He also oversees the development, planning, evaluation and coordination of all training programs.

In 2011, Joe received this same award for the contributions he has made to the community as a whole. In addition to his other duties, Joe is currently an adjunct Professor at Iona College, teaching criminal justice courses.

#### **Harold Miller Award: Robert McCullough, III**

Bob has been involved in Corrections and Probation and Parole work for the last 40 years.

He started his Law Enforcement career at the Lycoming County Prison in 1978, and was assigned to the Alternatives to Prison program. He would eventually become a Resident Supervisor before becoming the Program Coordinator for the Friends of the Court Program. In 1980, He would leave that program to accept a Probation Officer position. He would rise through the ranks, becoming a Casework Supervisor and eventually Chief in 1993.

During his time with Lycoming County, Bob would receive numerous awards and accolades including receiving the Lycoming County Leadership Award in 2006, being appointed by Governor Edward Rendell to both the State Council for Interstate Adult Offender Supervision and the Advisory Committee on Probation from 2004-2009. He was also appointed by Supreme Court Justice Sandra Schultz Newman to the Judicial Security and Emergency Preparedness Committee from 2004-2009. Bob retired from Lycoming County in 2009.

In 2012, he became the Executive Director of the County Chief Adult Probation and Parole Officers' Association of Pennsylvania.

# **PAPPC AWARDS**

## **JUVENILE JUSTICE PROFESSIONAL OF THE YEAR**

### **Jeff Nonnemacher**

Jeff began his career in Juvenile Justice working at the Lehigh County Detention Home. After that he began working for Lehigh County Juvenile Probation and has been working there for the past twenty years. He was hired in 1997 as a Probation Officer 1 and four years later was promoted to a Probation Officer 2. On August 20, 2007 Jeff was promoted to the role of Supervisor.

Jeff spends a lot of his spare time involved with fund raising in his community. He has worked on fund raisers for families dealing with cancer, Special Olympics and Dreams Come True. He helps out with Thon which is the fund raiser affiliated with Penn State University and his local school district. He is also involved with raising funds for and helping law enforcement families dealing with loss and disabled veterans needing assistance.

Jeff is involved with many committees. He is a member of the Lehigh County Juvenile Probation Department's Graduated Response Committee, Evidence Based Practice Steering Committee, Motivational Interviewing Workgroup, Community Outreach Group and Youth Collaborative. Jeff represents Lehigh County JPO at Regional Intelligence and Investigation Center Meetings and at meetings at the local high school.

Jeff is a positive role model who is dedicated, committed and always producing quality work.

## **ADULT CORRECTIONS PROFESSIONAL OF THE YEAR**

### **Lacosta M. Mussoline**

Lacosta has exhibited her skills over and over again in the various capacities she has served in. On detached duty from January 2011 till October 2013 as a CAPTOR Business Process Expert her initiative and creativity were on full display as she provided guidance and feed back to application developers, worked with DOC, PBPP and other agencies to interconnect business processes key functions and met with end-users to gather information to develop an integrated management system. As staff assistant to EDS Moore Smeal, Mussoline continued to strengthen and develop her leadership, management and organizational skills as she spearheaded and acted as project lead on various projects and initiatives collaborating with PBPP, County Prison Staff and other agencies to improve on procedures and processes positively impacting outcomes for returning citizens.

Mussoline has been the Regional Reentry Administrator (RRA) for the DOC office of the Executive Deputy Administrator since October 2015. In her new role she utilizes all of her skills and strengths as she collaborates with Intuitional, Parole, Community Corrections staff and community stake holders to ensure effective reentry planning and reintegration service for returning citizens. Lacosta is outgoing and a positive force willingly sharing her talents, knowledge and skills with others.

## **JUVENILE CORRECTIONS PROFESSIONAL OF THE YEAR**

### **Tony Dunkelberger**

Tony has been working with the Bureau of Juvenile Justice Services (BJJS) for 10 years and has been in his current position as Court Liaison Program Specialist Supervisor for 7 years. He is responsible for administering, planning, organizing and directing an array of transitional and treatment services for the BJJS Facilities located in the Northeastern Region of Pennsylvania. He also coordinates and develops the region's processes for placement, intake, diversion and release planning. North Central Secure Treatment Unit and Youth Forestry Camp 2 are the BJJS facilities in the Northeast Region and the ones that Tony works with most often.

Tony began his career as a Juvenile Corrections Professional at Camp Adams, where he worked for 3 years as an Educational Coordinator. He then took a position at Northwestern Academy as a Counselor, then Aftercare Specialist and finally a Court Liaison. After nine years at Northwestern Academy, he left there to become a Court Liaison for BJJS. After 3 years he was promoted to Court Liaison Program Specialist Supervisor.

Tony is a positive role model, exhibiting at all times professionalism, commitment and dedication.

## **ADULT PROBATION/PAROLE PROFESSIONAL OF THE YEAR**

### **Ann Marie Braskey**

Ann Marie began her career through an internship with the Luzerne County Court Administration upon graduation from King's College with a Bachelor of Arts in Criminal Justice. While employed in Court Administration her work was recognized by a member of the judiciary and Ann Marie applied for and accepted a position in the clerical department of Luzerne County Adult Probation and Parole Department. After persevering through hiring's, she was finally appointed to a position as an adult probation/parole officer. She managed a caseload of offenders and conducted pre sentence investigations for the Court. She continued to work as a probation/parole officer but was utilized by management to assist with state mandated standards compliance within the department. She was recognized by the Pennsylvania state auditor and was recommended to be appointed the position of supervisor within the department. In addition to supervising professional staff she began to address the task of documenting procedures and policies of the department. These policies and procedures are still utilized today. Ann Marie often solved problems of increasing workload by creating options for the Courts to utilize to streamline the workload and not compromise the content of the Court required information. Specifically, the violation report was revised and is currently still in use today. Alternate forms of the Pre Sentence Investigation were designed, presented and approved by the Court for use to increase productivity. This format is still in use today

Ann Marie has an understanding of the criminal justice system and anticipated the changes that were going to happen. For example she wrote the Intermediate Punishment Program Policy for Luzerne County. She increased efficiency for intake procedures in the department, drafted concept papers and application for both state and federal grants to provide constant improvements to services.

Over the years of service, Ann Marie was solely responsible for all day to day operations of a sub office of Probation Services; including a juvenile division. Her ability to interact, motivate and supervise staff at all levels is exceptional.



# OPENING SESSION/WORKSHOPS

**MONDAY 9:30 AM- 11:00 AM**

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## **PLENARY SESSION**

### **Self Care Isn't Selfish**

Presenter:

**Dr. Joel Núñez**

*Ballroom*

In an age where the purpose-motive is being increasingly valued in business alongside the traditional profit-motive, and where workers have to strike an ever more tenuous balance between work & life balance, self-care for the corporate professional becomes an indispensable facet of 21st century industry. The punishing rat race can cause us to lose sight of our own health and vitality as the cornerstones of sustainable success. In this presentation, Dr. Joel Núñez begins with disturbing data on burnout in the workplace, highlights our responsibility to attend to our own self-care, and lays out empirically-supported strategies for taking the reins back on our health and well-being.

## **WORKSHOP A**

**MONDAY 1:30 – 3:00 PM**

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### **Self Care Isn't Selfish- Reflections**

Presenter:

**Dr. Joel Nuñez**

Salon G

In an age where the purpose-motive is being increasingly valued in business alongside the traditional profit-motive, and where workers have to strike an ever more tenuous balance between work & life balance, self-care for the corporate professional becomes an indispensable facet of 21st century industry. The punishing rat race can cause us to lose sight of our own health and vitality as the cornerstones of sustainable success. In this presentation, Dr. Joel Núñez begins with disturbing data on burnout in the workplace, highlights our responsibility to attend to our own self-care, and lays out empirically-supported strategies for taking the reins back on our health and well-being.

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### **Yield Theory- 7 Components**

Presenter:

**Dr. Christian Conte**

*Salon A*

An evidence Based approach to connecting with others. In this dynamic and engaging training, Dr. Conte will present the seven components of his Yield Theory, an evidenced based approach to connecting with others without eliciting defensiveness. Yield Theory has been developed and refined over two decades and throughout Dr. Conte's nearly 20,000 hours of clinical experience. Through the use of storytelling and conscious education Dr. Conte will help attendees learn how they can immediately implement the very pragmatic techniques of his theory for dealing with even the most resistant people.

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### **Career Survival**

Presenter:

**Jim Fox**

*Sagewood*

Career Survival –This session is designed to discuss the root causes of stress in the profession. It will give information on the hypervigilance cycle, and give advice on how to successfully prevent ending your career in a stage of burnout. This is not your typical discussion of the subject but identifies key indicators particularly tied to corrections professionals.

# WORKSHOPS

**MONDAY 1:30 – 3:00 PM CONTINUED**

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## **What Color Are YOU? Part 1**

Presenter:

**Richard Podguski**

Director

Bureau of Re-entry

PA Board of Probation and Parole

*Salon H*

At one time or another, everyone has reached a point where they can only shake their head and wonder, "Why do people do the things they do?" The answer may surprise you! Fact is, everyone has a distinct temperament spectrum comprised of four colors: Blue, Gold, Orange and Green. Learn to identify a person's Real Colors and you'll gain insight into the things that are most important to them, discover the secret of what motivates them, and much more. Real Colors is easy to use at work, at home, anywhere you meet people! Learn How to Put Real Colors to Work For You.

NCTI's exclusive Real Colors Personality Instrument is presented in a fast, fun, interactive format where participants can learn how to quickly identify their own temperament or "color" and that of others. Using this powerful knowledge, they can develop more effective communication skills and build better relationships, in and out of the workplace.

In the Real Colors fundamentals workshop, participants will:

Discover their personal strengths. Learn to recognize the strengths of others. Learn how to build instant rapport with people. Learn the most effective methods of speaking to different people. Learn to hear what people are really saying. Discover the different ways individual's process information. Learn to appreciate and value the viewpoints of others. Learn how to apply Real Colors principles in all areas of their lives.

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## **Medication Assisted Treatment**

Presenter:

**Steve Seitchik**

MAT Statewide Coordinator

PA Dept. of Corrections

*Rosewood*

Medication Assisted Treatment- We will explore the disease model of addiction and look at how addiction affects dopamine functioning within the Prefrontal Cortex; changes in the function of the Prefrontal cortical regions; examine relapse rates of addiction and compare with other chronic diseases; review our reward and motivational systems; review the use of Medication Assisted Treatment (MAT) for those leaving incarceration; and briefly review the effects of Fentanyl and Carfentanil.

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## **Transformational Changes in PA's Adult Probation & Parole System**

Presenter:

**William D. Burrell**

Independent

Corrections Management Consultant

*Ironwood*

The PA adult probation system is in the midst of a transformational change the implementation of evidence-based practices in all 65 departments. The county probation departments have joined together, led by the Chief County Adult Probation and Parole Officers Association of Pennsylvania, in partnership with the County Commissioners Association of Pennsylvania, the Administrative Office of the Pennsylvania Courts, the Pennsylvania Commission on Crime and Delinquency, the Board of Probation and Parole and the Department of Corrections. The first phase of the project was a three year Strategic Plan which was published in June 2016. The implementation of the Plan is a multi-year endeavor involving agency assessments, technical assistance, training and stakeholder development. Financial support for the implementation activities is being provided from Justice Reinvestment funds. This workshop will present an overview of the Strategic Plan, explore the implementation process and discuss the elements of the EBP model for county adult probation.

# WORKSHOPS

## MONDAY 1:30 – 3:00 PM, CONTINUED

### Substance Abuse Prevention for First Responders

Presenter:

**Dennis Hallion**

Retired New Jersey State Police

Grant Manager

Livengrin Foundation

*Aloeswood*

First Responders workplaces are, by their nature, highly stressful. Traumatic events, typically unexpected and sudden, fall well beyond the bounds of normal experience; hence they can have profound physical, emotional and psychological effects even for the best trained, experienced and seasoned First Responders. The culture of the First Responder workplace often supports alcohol use as a coping mechanism. Research has demonstrated that almost 25% of First Responders have become alcohol dependent due to occupational stress. But many researchers believe this is far lower than the true figure of First Responders who are substance users and abusers. Self-medicating through drugs and alcohol for stress, demands of the job, or workplace injuries puts First Responders at high risk for very serious short and long-term consequences. The Pennsylvania Commission on Crime and Delinquency has awarded Substance Abuse Education and Demand Reduction Funds (SAEDRF) to Livengrin Foundations First Responders Addiction Treatment (FRAT) program to deliver substance abuse prevention, outreach and education for First Responders in the Philadelphia and Southeastern Pennsylvania region. For the last three years and we have trained over 15,000 First Responders in the State of Pennsylvania. The First Responders Addiction Treatment Program (FRAT) at Livengrin reaches out to police, firefighters and emergency personnel.

**3:00 – 3:30 PM BREAK**

## WORKSHOP B

### MONDAY 3:30 – 5:00 PM

### SOAB-Containment Model

Presenter:

**Dr. Erica Williams**

Forensic Psychologist

*Salon a*

The Pennsylvania Sex Offender Containment Model is an approach to sex offender management that incorporates all the best practice standards. Its primary objectives are to promote and ensure public safety, victim protection, and reparation for victims. It calls for relevant agencies and entities to coordinate, collaborate, and share information. It holds sex offenders accountable through the combined use of supervision and surveillance, treatment, and community support networks. Relevant agencies include treatment providers, community supervisors and polygraphers. Management of this model, role identification and execution will be the focus of this presentation. Dr. Erica Williams (Sexual Offender Treatment Provider) along with Acting Deputy District Director McLaughlin (PBPP) and Supervisor Jarrod Johnson (Philadelphia Adult Probation and Parole) will present the purpose of the model, best practice in treatment standards, current supervision practices (to include variation across counties and state), the importance of role identification and maintenance within the model as well as the benefits of working within the model. Specific case examples of offenders being managed within the model will be provided as well as an opportunity for group discussion

# WORKSHOPS

**MONDAY 3:30 – 5:00 PM, CONTINUED**

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## **What Color Are You? Part 2**

Presenter:

**Richard Podguski**

Director

Bureau of Re-entry

PA Board of Probation and Parole

*Salon H*

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## **Individuals with Autism Spectrum Disorder**

Presenter:

**Kathy Hooven**

Former Consultant for the PA Juvenile Court

Judges Commission

*Sagewood*

A Training For Professionals Overview: This training will be presented by staff from the Autism Services, Education, Resources, & Training Collaborative (ASERT) Eastern Region and Kate Hooven, a Justice System Consultant, former Juvenile Probation Officer, and a mom of a son with autism. The training will be comprised of 3 content areas: o Statewide data from the Pennsylvania Autism Census and the Statewide Autism Survey of Justice System Professionals o Clinical overview of Autism Spectrum Disorder including core deficits and symptoms o How to practically apply information learned about Autism Spectrum Disorder to everyday job duties.

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## **Medication Assisted Treatment**

Presenter:

**Steve Seitchik**

MAT Statewide Coordinator

PA Dept. of Corrections

*Rosewood*

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## MONDAY 3:30 – 5:00 P.M., CONTINUED

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### How Acupuncture Aids in PTSD

Presenter:

**George Chachis**

Pa Licensed Acupuncturist

*Ironwood*

Modern brain imaging has shown that acupuncture has a regulatory effect on brain function that indicates that part of the reason acupuncture helps with PTSD treatments is that it affects mechanisms that address the deep limbic system or emotional brain. Studies of acupuncture for PTSD suggest that at least some acupuncture clinical results are mediated in the central nervous system significant neuronal signal reduction in the limbic system. Acupuncture is not for everybody and indeed does not always work on a small percentage of people depending upon what pathology is being treated. This presentation explains 10 things a health care practitioner or a patient dealing with PTSD should know before considering acupuncture as a treatment for PTSD, and then explains how acupuncture for PTSD is now being used in both the Department of Defense and civilian communities as one of a number of alternative medicine modalities.

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### Substance Abuse Prevention for First Responders

Presenter:

**Dennis Hallion**

Retired New Jersey State Police

Grant Manager

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*Aloeswood*

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# WORKSHOPS

**TUESDAY 8:30 AM- 10:00 AM**

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## PLENARY SESSION

### Mitigating Corrections Fatigue

Presenter:

**Greg Morton**

Desert Waters Correctional Outreach

*Plenary Ballroom*

The term Corrections Fatigue refers to the cumulative negative changes of corrections employees' personality, health and functioning, and of their core beliefs and values—and eventually of entire workforce cultures—due to difficulties adapting well to a multitude of occupational stressors. Corrections Fatigue is an unavoidable part of the corrections worker's experience, regardless of the type of work location or assignment of the employee. Due to the nature of the job, challenges abound, while rewards tend to be infrequent, and negative consequences may have serious, long-lasting,

and even permanent outcomes. Biding one's time, hoping to remain unnoticed, while anticipating one's retirement is not a fulfilling way to have a career. So what can be done? Nothing? Because "that's the way it's always been," and "it's a negative job, so deal with it?" Or do we agree on the need to improve our organizational climate and take concrete and systematic steps in that direction? And if the answer to this last question is in the affirmative, whose responsibility is it to get this task done? If countering Corrections Fatigue is Mission Critical, as it might very well be, then the agency owns a good part of the responsibility. But if the answer is based on changes that need to happen at the individual level, then it's up to the employee to take strategic action. From the perspective of Desert Waters Correctional Outreach, we call these two approaches "top down" and "bottom up," and we believe that both are absolutely necessary. The Plenary session will address the issue of countering Corrections Fatigue while promoting resilience and fulfillment from the top down, agency level. The more interactive workshop that follows will do the same from the bottom up, individual employee point of view. Neither are immediate and neither are a one-time effort. Increasing organizational health and employee wellness is a marathon, not a sprint. So, let's go!

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### Opioid Use Disorder

Presenter:

**Kenneth J. Martz**

Psy.D. CAS Licensed Psychologist

Substance use disorder, and particularly opioid use disorder is an increasing concern in the criminal justice system. This session will review current trends in the substance use disorder. A range of interventions will be reviewed to identify evidence based approaches. Session will also outline some efforts at the state level which may assist.

*Salon G*

**10:00 – 10:30 AM BREAK**

## WORKSHOP C

## TUESDAY 10:30 AM- 12:00 PM

### The 40% Factor

Presenter:

**Robert Ladonne**

SCI Graterford

*Salon A*

Some important reasons to have a positive attitude at work is an interactive seminar designed to help participants think about the impact their attitude has on themselves and others around them. The speaker uses storytelling, personal illustrations and humor to challenge attendees to care about their work and co-workers. Past participants of this seminar have laughed, cried and identified with what the speaker has shared and left thinking much more carefully about how they will carry themselves in their work and home environments.

### Mitigating Corrections Fatigue

Presenter:

**Greg Morton**

Desert Waters Correctional Outreach

*Salon H*

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anticipating one's retirement is not a fulfilling way to have a career. So what can be done? Nothing? Because "that's the way it's always been," and "it's a negative job, so deal with it?" Or do we agree on the need to improve our organizational climate and take concrete and systematic steps in that direction? And if the answer to this last question is in the affirmative, whose responsibility is it to get this task done? If countering Corrections Fatigue is Mission Critical, as it might very well be, then the agency owns a good part of the responsibility. But if the answer is based on changes that need to happen at the individual level, then it's up to the employee to take strategic action. From the perspective of Desert Waters Correctional Outreach, we call these two approaches "top down" and "bottom up," and we believe that both are absolutely necessary. The Plenary session will address the issue of countering Corrections Fatigue while promoting resilience and fulfillment from the top down, agency level. The more interactive workshop that follows will do the same from the bottom up, individual employee point of view. Neither are immediate and neither are a one-time effort. Increasing organizational health and employee wellness is a marathon, not a sprint. So, let's go!

### Surviving the Pre-Trial Population

Presenters:

**Brad Halter**

Supervisor, Bucks County

**Tom Watkins**

Probation Officer- Bucks County

**Stephen Direso,**

Probation Officer Bucks County

**Maureen Barden,**

Consultant CCAP Pre Trial Pilot Project

**Patrick Donchez & Daniel Wilbourne**

MA CAADC PreTrial Officer, Bucks County

How Keeping Clients On Track Increases Officer Job Satisfaction"? Bucks County Adult Probation has been overseeing a Pretrial Release Supervision Program since July 2014. As of 1/12/17, 3780 defendants have been screened at BCCF, resulting in 409 defendants released to the pretrial program to receive some type of supervision based on their risk assessment score. CCAP grant has been used for drug/alcohol assessments and housing support (which has reduced time in custody), as well as inpatient and outpatient drug/alcohol treatment, electronic monitoring and bus tokens to aid in transportation.

*Sagewood*

# WORKSHOPS

**TUESDAY 10:30 AM- 12:00 PM CONTINUED**

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## **“Pivotal Point”**

Presenters:

**Dr. Margaret Henderson**

Essex County College

*Ironwood*

The Whole Body Working Collectively Together; one of the most important parts of a foundation is to know that you are confident, secure in mind and heart. The pivotal point is how you think. We will examine that pivotal point with the awareness of social skills, open the educational door, must be conscious of what you consume to keep your body healthy, happy, joyful. Rest and sleep cannot be tucked away until tomorrow because it can be a wrecking ball. You want to have your perception understood through your eyes. Once again, we encapsulate “pivotal points” using joy, fun, and quiet time to find social skills, good healthy food, joy of education and more. Thoughts and words can identify us wrongly and we need to establish a foundation that can serve us for a lifetime in changing our perceptions of who we are.

## **WORKSHOP D**

**TUESDAY 1:30 – 3:30 PM**

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## **Yoga & Mindfulness**

Presenter:

**Michael Huggins**

Founder and Executive Director of  
Transformation Yoga Project

*Salon A*

Executive Director of Transformation Yoga Project, Michael Huggins, will present his experience with Yoga and Mindfulness as pragmatic tools for health and wellness. Since 2013, Transformation Yoga Project serves people impacted by trauma, addiction and incarceration through trauma-sensitive, mindfulness-based yoga. Participants develop skills to heal and navigate life with comfort and ease. . Why Yoga? Psychiatrists, psychologists, and clinical social workers acknowledge that embodiment practices such as yoga can greatly help people alleviate the symptoms that lead to both reactive behavior and stress-related disease. There is a growing trend towards using trauma sensitive yoga in helping people reconnect their minds with their bodies. Most people in prison have become dissociated from their feelings and bodies as a result from both chronic and acute trauma. Many participants in yoga classes desire to deepen their practice and many wish to become instructors so they can share their knowledge and insights. Participants will gain an understanding of: \*The science (and neuroscience) of Yoga and Mindfulness \*Utilizing Yoga and Mindfulness to heal from Trauma and Vicarious Trauma \*Practical tools to integrate into daily life \*How to design a sustainable practice for yourself and your workplace.

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## **Battle Buddy Program**

Presenter:

**Earl Granville**

Retired Pennsylvania Army National Guard

*Salon H*

Earl Granville is a combat wounded leg amputee and adaptive athlete. He engages with his audience by bringing his ideas of battling mental health adversity from his own experiences and ideas.



## TUESDAY 1:30 – 3:00PM, CONTINUED

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### Setting a Survival Mindset

Presenters:

**Len Galli**

Sergeant

Exeter Boro Police Department

*Sagewood*

No doubt about it, one of the key factors in surviving a close quarters physical confrontation with a subject – armed or unarmed – is engaging a safe and sound survival mindset and knowing how to establish and enforce the reactionary gap. The reactionary gap is the distance an officer must keep between them and their subject for him or her to be able to respond effectively and efficiently to any sudden threat made against them while in proximity. The minimum distance can vary and is dependable upon several factors an officer must learn to identify and recognize. Success in close quarters combat situations also require an officer to know his or her danger zone and how to use it to attain tactical advantage. Lastly, officers facing such threats of personal violence and in such situations, must know how their reaction time – their ability to respond with force equal to or greater than the threat they're facing – will factor into the actions and response plan.

Setting A Survival Mindset will also discuss how understanding and implementing the four-point OODA Loop decision-making process (Observe, Orient, Decide and Act) will assist officers with efforts to make quick, proactive and effective live-saving personal decisions.

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### Managing PTSD

Presenter:

**Martin Bright**

Grove City College

*Rosewood*

Managing PTSD: preparing for and minimizing the effects of trauma exposure in the correctional environment Incidence of Post-Traumatic Stress Disorder (PTSD) among probation, parole and corrections officers is significantly higher than the general population. In addition to witnessing traumatic events first-hand in the line of duty, correctional personnel routinely are exposed to the traumatic stories of inmates, the review of offender files, etc. which lead to accumulated effects of secondary trauma (aka vicarious trauma). Following an overall description of PTSD, this presentation will describe common predictors of stress and burnout in the correctional environment and equip the corrections professional to minimize the personal impact of working with criminal offenders.

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### JNet Overview

Presenters:

**Eric Webb**

JNET Executive Director

**Joe Centurione**

JNET Communications Manager

*Ironwood*

The Pennsylvania Justice Network (JNET) is the Commonwealth's primary public safety and criminal justice information broker. JNET's integrated justice portal provides a common online environment for authorized users to access public safety and criminal justice information. This critical information comes from various contributing municipal, county, state and Federal agencies. The overview will show the applications and services available through JNET, as well as current and planned projects and initiatives.

# WORKSHOPS

**TUESDAY 1:30 – 3:00PM, CONTINUED**

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## **Canine Partners for Life**

Presenter:

**Miranda Galbreath**

Psychological Services Specialist

PA Department of Corrections

Partners for Life Prison Puppy Program

*Aloeswood*

Service Animals, Therapy Animals, Courthouse Dogs and Emotional Support Animals provide a unique and often untapped avenue of support and growth for individuals involved in forensic settings. In addition to the benefits of accessing these animals service, forensically involved individuals benefit substantially from participating in programs in which they can give back to the community by raising and training these animals. his workshop will assist participants in understanding the specific supports and benefits provided by each type of animal, the training and development process for each type of animal, and the special rights granted to individuals who choose to utilize this type of support. This workshop will additionally identify specific circumstances under which these types of animals may be utilized to support individuals who are involved with the criminal justice system, and share some of the experiences of individuals who train, volunteer and partner with these animals.

**3:00 – 3:30 PM BREAK**

## **WORKSHOP E**

**TUESDAY 1:30 – 3:00PM**

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## **Unlock, Release and Revise: Tapping into your Creativity for Alternative Problem Solving and Wellness**

Presenter:

**Kate Stank**

Art Therapist

*Salon G*

As the world of corrections tends to predominantly rely on black and white intervention and linear thinking, on a day to day basis, this workshop is meant to provide an opportunity, through creative expression, to reacquaint participants with the idea of more spatial and open ended problem solving. Through the exploration of creative medium, participants will connect with their own creativity to the goal of exploring alternative perspectives and problem solving strategies which can lead to healthier choices and greater wellbeing in general.

Kate Stank is an art therapist who has worked with various populations and in various mental health settings since 1995. Since 2000, she has worked in the field of victim services in Chester County, providing art therapy and crisis intervention/counseling. She is also a facilitator of the Chester County Adult Probation WRAP program, which serves clients at CCP. She is active in her own creative process as a mixed media artist and sculptor.

**TUESDAY 3:30 – 5:00PM**

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## **Yoga & Mindfulness**

Presenters:

**Michael Huggins**

Founder and Executive Director of  
Transformation Yoga Project

*Salon A*

Executive Director of Transformation Yoga Project, Michael Huggins, will present his experience with Yoga and Mindfulness as pragmatic tools for health and wellness. Since 2013, Transformation Yoga Project serves people impacted by trauma, addiction and incarceration through trauma-sensitive, mindfulness-based yoga. Participants develop skills to heal and navigate life with comfort and ease. . Why Yoga? Psychiatrists, psychologists, and clinical social workers acknowledge that embodiment practices such as yoga can greatly help people alleviate the symptoms that lead to both reactive behavior and stress-related disease. There is a growing trend towards using trauma sensitive yoga in helping people reconnect their minds with their bodies. Most people in prison have become dissociated from their feelings and bodies as a result from both chronic and acute trauma. Many participants in yoga classes desire to deepen their practice and many wish to become instructors so they can share their knowledge and insights. Participants will gain an understanding of: \*The science (and neuroscience) of Yoga and Mindfulness \*Utilizing Yoga and Mindfulness to heal from Trauma and Vicarious Trauma \*Practical tools to integrate into daily life \*How to design a sustainable practice for yourself and your workplace.

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## **Nutritional Myths and Dangers of Foods in the Market**

Presenter:

**Jamie Crum**

ID Life Facilitator

*Salon H*

There are a lot of myths on dieting and nutrition which we will cover in this presentation from keys to long term weight loss and overall health. We will cover the importance of supplementation determining what you should be taking and you will also have the opportunity to get a free health report. We will also be educating on GMO's, dangers of foods and dangerous products in the market place as well as a time for Q and A.

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## **Setting a Survival Mindset**

Presenter:

**Len Galli**

Sergeant

Exeter Boro Police Department

*Sagewood*

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# WORKSHOPS

**TUESDAY 3:30 – 5:00PM, CONTINUED**

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## **Improving our Emotional and Physical Wellbeing: Effective Strategies for Criminal Justice Professionals**

Presenters:

### **Dr. Michael Pittaro**

PhD, Assistant Professor of Criminal Justice  
School of Security and Global Studies  
American Military University

*Rosewood*

As a former prison administrator and outpatient (substance abuse) agency director, I know firsthand that stress can be highly destructive. Learning how to effectively manage and cope with stress is therefore, critical for criminal justice professionals who often work in highly volatile, chaotic, and dysfunctional environments. High levels of stress can and will adversely affect us, physically and emotionally. When we feel stressed, we often resort to negative coping strategies that are counterproductive and tend to exacerbate—not improve—stressful situations. To compound matters, the prevalence of suicide in our profession is double that of the general population. Discussions pertaining to stress and suicide within our profession are often ignored because we are not expected to appear emotionally vulnerable or fragile. After all, emotional vulnerability often equates to emotional instability, which is perceived by many to be an indication of weakness within our profession. This three-pronged workshop will address the negative influences of stress, burnout, and suicide in our profession, introduce and discuss the many benefits associated with emotional intelligence, which can help us in harnessing the coping skills that are vital in our profession and contribute to a healthy state of mind, and lastly, discuss the importance of diet and exercise.

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## **Supervising GLBTI Offender**

Presenter:

### **Thomas Wines**

Parole Agent  
PA Board of Probation and Parole

*Ironwood*

As the world of corrections tends to predominantly rely on black and white intervention and linear thinking, on a day to day basis, this workshop is meant to provide an opportunity, through creative expression, to reacquaint participants with the idea of more spatial and open ended problem solving. Through the exploration of creative medium, participants will connect with their own creativity to the goal of exploring alternative perspectives and problem solving strategies which can lead to healthier choices and greater wellbeing in general. Kate Stank is an art therapist who has worked with various populations and in various mental health settings since 1995. Since 2000, she has worked in the field of victim services in Chester County, providing art therapy and crisis intervention/counseling. She is also a facilitator of the Chester County Adult Probation WRAP program, which serves clients at CCP. She is active in her own creative process as a mixed media artist and sculptor.

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## **Canine Partners for Life**

Presenter:

### **Miranda Galbreath**

Psychological Services Specialist  
PA Dept. of Corrections  
Partners for Life Prison Puppy Program

*Aloeswood*

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# CLOSING SESSION

**WEDNESDAY 9:30 AM- 10:30 AM**

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**PLENARY CLOSING SESSION**

Presenter:

**Dr. Michael Pittaro**

*CCS Drug Testing*



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- ◆ Tramadol, Fentanyl testing available
- ❖ Ask about Neurontin testing

## 2017 Conference Speakers



### **Opening Speaker – Dr. Joël Núñez**

Clinical psychologist Dr. Joël Núñez has impacted thousands with his unique presentations and writings. With a talent for translating complex psychological principles into understandable, practical elements that readily apply to his audiences--be they mental health professionals, seasoned educators, or students of all ages--the insights he shares are timeless, contemporary, and deeply resonant. His passion for empowering learners of all backgrounds to discover, harness, and develop their potential will be evident from his first contact with your group until long after the last.

He is a New Jersey state licensed clinical psychologist. In 1996, he earned a Bachelor's Degree with Honors in Psychology from Drew University in Madison, NJ. He earned a full scholarship to study psychology at Penn State University in University Park, PA. As a graduate student, he was awarded the prestigious Paul and Daisy Soros Fellowship for New Americans on the basis of scholarly merit, academic promise, and potential to contribute to public life in America. Dr. Núñez graduated in 2003 with a Ph.D. in Psychology. He completed his pre-doctoral clinical internship at the Robert Wood Johnson Medical School/UMDNJ in

Piscataway, NJ. Following internship, he worked as a bilingual clinical psychologist at an inpatient psychiatric hospital in Secaucus, NJ, earning his license to practice psychology in 2006. Thereafter, Dr. Núñez worked as a consultant psychologist at a residential facility in Totowa, NJ, where he treated adolescents and adults living with developmental disabilities, severe and persistent mental illness, and other life challenges. He also provided clinical supervision for psychologists-in-training at an inpatient psychiatric hospital. Most recently, Dr. Núñez has opened a private practice in Bayonne, NJ where he treats individuals, couples, and families facing various challenges in living. Finally, Dr. Núñez serves as an elder at the Cityline Church of Jersey City where he teaches and provides professional pastoral counseling. He, his wife, and three children live in Northern New Jersey. You can learn about Dr. Núñez at his website: <http://www.drjoelnunez.com/>



### **Plenary Speaker - Greg Morton**

Greg is the Training Manager for Desert Waters Correctional Outreach. Prior to that he worked for Oregon State Corrections nearly his entire adult life—a total of more than 34 years—after graduating from Oregon State University with a Bachelor's degree in Psychology. He started his career at the Oregon State Penitentiary (OSP)

continued on next page

as an academic counselor in 1975, and became the Staff Training Coordinator at OSP shortly thereafter. He later served as the Leadership Program Manager and as Staff Training/ Professional Development Administrator for the Oregon DOC. He was their Labor Relations Administrator when he retired in 2009. His concern for the professional and life skills of the corrections workforce has been his motivation throughout his career. He developed the Six Moving Parts Model of Correctional Employee Training Effectiveness (a research-based system that describes the crucial elements that agencies must have in place in order to ensure efficient and effective use of staff training resources), and coauthored the employee journal entitled Processing Corrections Work. Greg has also instructed at the university and community college levels, and after his retirement, facilitated inmate Parenting classes at OSP.

You can learn more about Desert Waters Correctional Outreach at their website: <http://desertwaters.com/>



Closing Speaker - Michael Pittaro, Ph.D  
Michael Pittaro, Ph.D is a 28-year criminal justice veteran, highly experienced in working with criminal offenders. Before pursuing a career in higher education, Dr. Pittaro worked in corrections administration; has served as the Executive Director of a county outpatient drug and alcohol facility; and as Executive Director of a county drug and alcohol prevention agency.

Dr. Pittaro has been teaching at the university level (online and on-campus) for the past 15 years while also serving internationally as an author, editor, presenter, and subject matter expert. Dr. Pittaro holds a BS in Criminal Justice (Who's Who Among University Students – 1989); an MPA in Public Administration (Summa Cum Laude); and a Ph.D in criminal justice (4.0 GPA – Magna Cum Laude). Dr. Pittaro has contributed to nearly 50 book and scholarly journal publications and serves on three International Editorial Advisory Boards, including the International Journal of Criminal Justice Sciences, the International Journal of Cyber Criminology, and Elsevier Publishing. He has also served for the past three years as a program committee member of the South Asian Society of Criminology and Victimology and as a federal grant peer reviewer for the United States Department of Justice and National Institute of Justice. Dr. Pittaro also serves as a corrections subject matter expert with Pearson publishing, Savant Learning, McGraw Hill, Cengage Learning, and countless others. He is a regular contributor to In Public Safety, Corrections One, the Huffington Post, and is often interviewed on Tier Talk Internet radio.

Dr. Pittaro is a full-time Assistant Professor with American Military University and adjunct professor with East Stroudsburg University.

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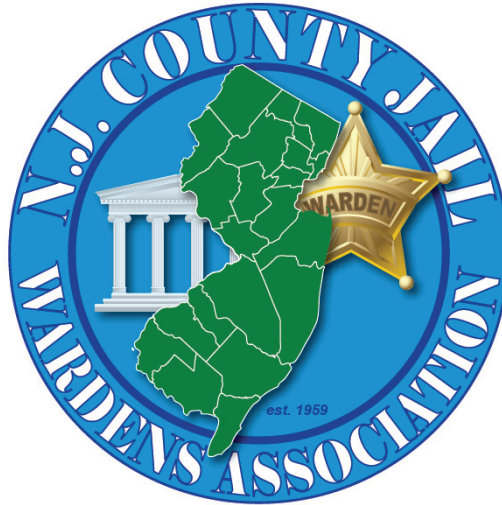
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# NEW JERSEY COUNTY JAIL WARDENS ASSOCIATION



The objective of this Association will be to share information concerning the professional operation and administration of the county jails in the State of New Jersey, to advance professionalism through training, technical assistance, peer interactions and conferences, to provide leadership in the development of professional standards, management practices, programs and services and; to present for discussion topics of general interest to members of the Association, and to present a united effort to obtain objectives voted on and approved by the membership.

**MEMBERSHIP INFORMATION CAN BE FOUND ON OUR WEBSITE:**

**[WWW.NJCJWA.ORG](http://WWW.NJCJWA.ORG)**



**NJCJWA IS PLEASED TO SUPPORT**

**MIDDLE ATLANTIC STATES CORRECTIONAL ASSOCIATION**

**TOGETHER.....WE STAND UNITED!**



*In July 2010, PAPPC lost a dear friend and devoted colleague.*

*Mr. Robert "Bob" Kelsey was a respected probation administrator not only within the Bucks County Adult Probation Department but throughout the Commonwealth of Pennsylvania. Bob voluntarily gave countless hours in various roles within the PAPPC for two decades and served as President in 2008-2009.*

*Bob guided PAPPC with his gentle wisdom and experience to drive the Association to the highest standards of professionalism. On a personal level, he valued his family most and enjoyed spending time with them. Bob initiated many of the current activities PAPPC supports, and the mark he left continues to be appreciated by members and leaders of PAPPC.*

# The Robert E. Kelsey Annual Scholarship Award

## ELIGIBILITY:

- Applicant must be a current PAPPC member or immediate family member of a current PAPPC member (i.e. spouse, child, step-child, adopted child, or self).
- Applicant must be currently enrolled or accepted into a two (2) year or four (4) year accredited program of higher education with a concentration of studies in the Humanities and Social Sciences. The maximum scholarship amount is \$1500 annually with a maximum of two scholarships per year being given by PAPPC.
- Applicant must be in good academic standing. Incoming freshman must demonstrate academic success by holding at least a 2.75 GPA or equivalent at the time of application. Students presently enrolled in a college or university must demonstrate academic success by holding a current overall college GPA of 2.75 or better at the time of application. Please note changes to the eligibility criteria could change without notice. Check our web site for updates.

## APPLICATION PROCEDURE/APPLICATION CHECKLIST:

- Applicant must submit three letters of recommendation at the time of application.
- Applicant must submit a personal statement explaining why they chose their field of study and how that field applies to their future aspirations. Statements are not to exceed 500 words and must be typed and double-spaced.
- Applicants must submit a copy of their most current transcripts. In addition, applicant must submit the following information. Incomplete applications will not be considered.
- full name
- social security number
- address
- phone number
- email address
- high school or college grade point average
- name of college or university applicant plans to attend or is currently attending, and major
- PAPPC member name and relationship

The application must be signed and dated by the applicant. Signature indicates applicant understands and agrees to abide by the terms of scholarship program and confirms that information provided is accurate. One scholarship per PAPPC MEMBER or PAPPC FAMILY MEMBER every two (2) years. Award winners are not permitted to reapply consecutively. Should an Executive Board member or family member apply for the scholarship, the Executive Board member will be excluded from the voting process for selection.



**Quality, Integrity and Accountability in Community Corrections**

Kintock is dedicated to preventing and reducing crime. Specifically, Kintock develops and provides transitional services to assist clients in making and sustaining transformative changes.

To ensure that it captures and implements the most effective methods through which clients can prepare to successfully reenter their communities, Kintock employs well qualified staff members, utilizes standardized curricula and stays abreast of cutting edge research in the field.

Kintock maintains collaborative relationships with public and private partners to create supportive networks for each client, and to bolster and strengthen the community's stake in each client's maintaining a law-abiding, productive lifestyle upon reentry.

The following are services offered in our residential and non-residential settings:

- Residential Services
- Community Resource Centers
- Employment education and placement
- Substance abuse and mental health treatment
- Cognitive behavioral therapy
- Adult basic education and GED preparation
- Life Skills education
- Community referrals
- Housing placement

**Corporate Office**

**580 Virginia Drive, Suite 250, Fort Washington, PA 19034  
(610) 687-1336 [www.kintock.org](http://www.kintock.org)**

**PAPPC AND MASCA WOULD LIKE TO THANK OUR SPONSORS  
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# 2017 PAPPC/MASCA Workshops At A Glance

Monday May 22, 2017

8:00 am to 9:00 am	Registration	
9:00 am to 9:30 am	Pledge of Allegiance, DOC Honor Guard, SCI Waymart Opening Remarks Welcome Remarks	
9:30 am to 11:00 am	Plenary Session- Dr. Joel Nunez- Self Care Isn't Selfish	
11:00 am to 12:00 pm	Break with Vendors	
12:00 pm to 1:30 pm	Lunch	MASCA Awards Ceremony
<b>Monday 1:30 pm to 3:00 pm</b>	<b>Workshop A</b>	
<b>Presenter</b>	<b>Location</b>	<b>Topic</b>
Dr. Joel Nunez	Salon G	Self Care Isn't Selfish: Reflections
Dr. Christian Conte	Salon A	Yield Theory- 7 Components
Richard Podguski	Salon H	What Color Are YOU? Part 1
Jim Fox	Sagewood	Career Survival
Steve Seitchik	Rosewood	Medication Assisted Treatment
William D. Burrell	Ironwood	Transformational Changes in Pa's Adult Probation & Parole System
Dennis Hallion	Aloeswood	Substance Abuse Prevention for First Responders
3:00 pm to 3:30pm	Break with Vendors	
<b>Monday 3:30 pm to 5:00 pm</b>	<b>Workshop B</b>	
<b>Presenter</b>	<b>Location</b>	<b>Topic</b>
Dr. Erica Williams	Salon A	SOAB-Containment Model
Richard Podguski	Salon H	What Color Are You? Part 2
Kathy Hooven	Sagewood	Individuals with Autism Spectrum Disorder
Steve Seitchik	Rosewood	Medication Assisted Treatment
George Chachis	Ironwood	How Acupuncture Aids in PTSD
Dennis Hallion	Aloeswood	Substance Abuse Prevention for First Responders

<b>5:00 p.m</b> Business Meeting	Empress	PAPPC

**Tuesday May 23, 2017**

8:00 am to 8:30 am	Registration Open	
8:30 am to 10:00 am	Plenary Session- Greg Morton- “Mitigating Corrections Fatigue”	
10:00 am to 10:30 am	Break with Vendors	
<b>Presenter:</b>	<b>Workshop C</b>	
<b>Tuesday 10:30 am to 12:00 pm</b>	<b>Location</b>	<b>Topic</b>
Kenneth J. Martz	Salon G	Opioid Use Disorder
Robert Ladonne	Salon A	The 40% Factor
Greg Morton	Salon H	Mitigating Corrections Fatigue
Brad Halter, Tom Watkins, Stephen Direso, Maureen Barden, Patrick Donchez, Daniel Wilbourne	Sagewood	Supervising the Pre-Trial Population
Dr. Margaret Henderson	Ironwood	“Pivotal Point”
12:00 pm to 1:30 pm	Lunch	PAPPC Awards Ceremony
<b>Presenter</b>	<b>Workshop D</b>	
<b>Tuesday 1:30 pm to 3:00 pm</b>	<b>Location</b>	<b>Topic</b>
Michael Huggins	Salon A	Yoga & Mindfulness
Earl Granville	Salon H	Battle Buddy Program
Len Galli	Sagewood	Setting a Survival Mindset
Martin Bright	Rosewood	Managing PTSD
Eric Webb/ Joe Centurione	Ironwood	JNet Overview
Miranda Galbreath	Aloeswood	Canine Partners for Life
3:00 pm to 3:30 pm	Break with Vendors	

Presenter	Workshop E	
Tuesday 3:30 pm to 5:00 pm	Location	Topic
Kate Stank	Salon G	Unlock, release and revise: Tapping into your creativity for alternative problem solving and wellness
Michael Huggins	Salon A	Yoga & Mindfulness
Jamie Crum	Salon H	Nutritional Myths and Dangers of Foods in the Market
Len Galli	Sagewood	Setting a Survival Mindset
Dr. Michael Pittaro	Rosewood	Improving our Emotional and Physical Wellbeing: Effective Strategies for Criminal Justice Professionals
Thomas Wines	Ironwood	Supervising GLBTI Offender
Miranda Galbreath	Aloeswood	Canine Partners for Life
5:00 p.m Open Membership Meeting	Empress	MASCA

Wednesday May 24, 2017	
9:00 am to 10:30 am	Plenary Closing Session- Dr. Michael Pittaro/DOC Honor Guard, SCI Waymart

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**Please visit [PAPPC.org](http://PAPPC.org) to:**

- become a member or renew your membership;
  - register for upcoming conferences and trainings;
  - obtain information on and apply for the Robert E. Kelsey Scholarship; and
  - keep up to date on current initiatives.
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**Get involved!**  
 Talk to an executive committee member about  
 how you can contribute to the success  
 of PAPPC and its members.  
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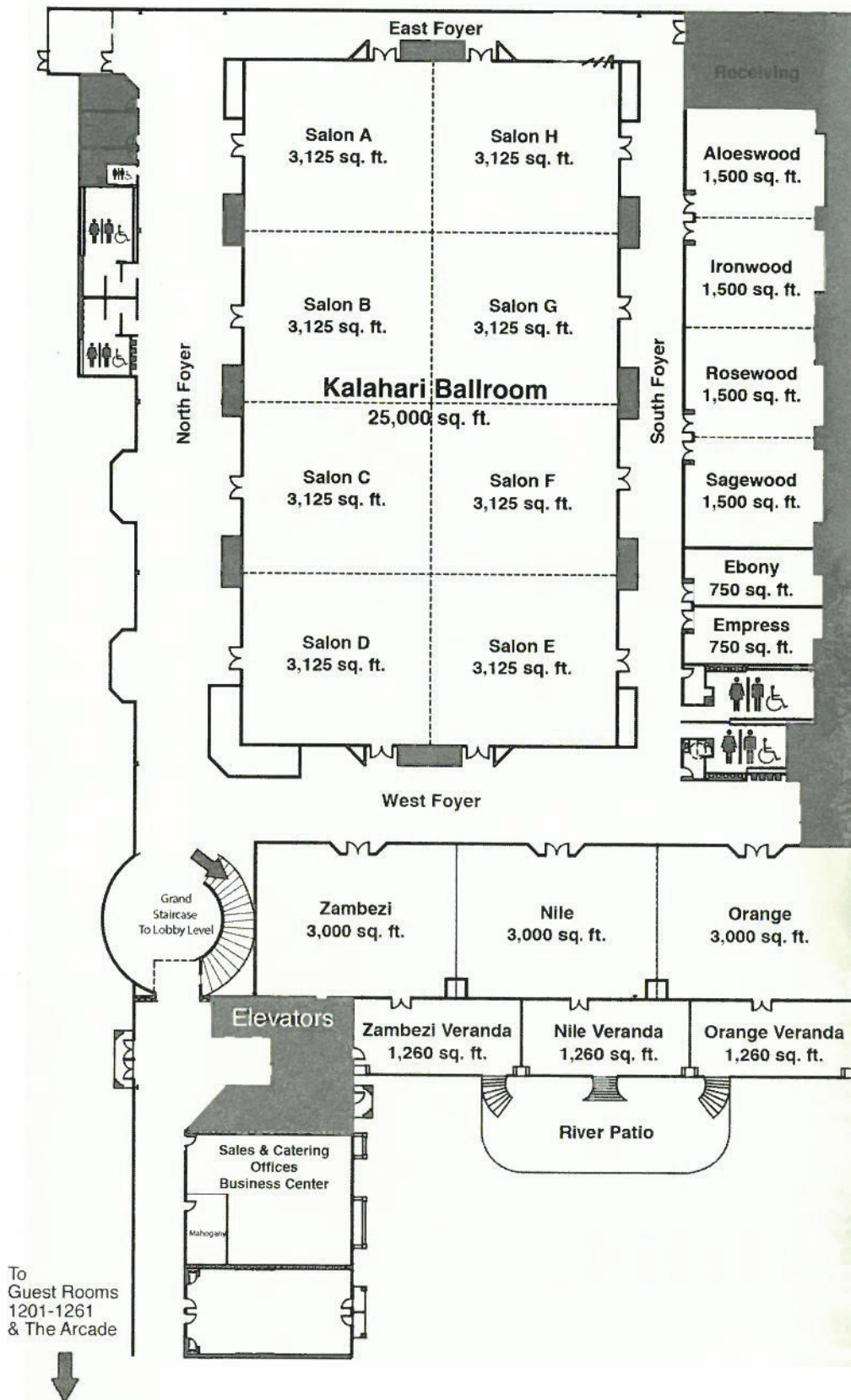






# Kalahari Resort Convention Center

## 1st Floor - Convention Center



# The New Jersey Chapter of the American Correctional Association proudly supports PAPPC and MASCA.

For more than 146 years, the American Correctional Association has championed the cause of corrections and correctional effectiveness. Founded in 1870 as the National Prison Association, ACA is the oldest association developed specifically for practitioners in the correctional profession. Today, the ACA has thousands of members from all over the world. ACA serves all disciplines within the corrections profession and is dedicated to excellence in every aspect of the field. From professional development and certification to standards and accreditation, from networking and consulting to research and publications, and from conferences and exhibits to technology and testing, ACA is your resource and the world-wide authority in corrections.

The New Jersey Chapter of the American Correctional Association is a non-profit professional organization that has served as a forum for corrections in New Jersey since 1983. We provide criminal justice practitioners in New Jersey with educational training and networking opportunities. As an affiliate of the National Chapter, we receive technical assistance from leaders in the field of corrections from across the country and around the world. The resources of the National Chapter allow us to meet the training needs for New Jersey's corrections professionals.

Thank you for your support of professional organizations, such as ACA, PAPPC, and MASCA. Enjoy the conference!



*Please visit us at [www.NJACA.org](http://www.NJACA.org)*